



DEPARTMENT OF THE NAVY  
BUREAU OF MEDICINE AND SURGERY  
2300 E STREET NW  
WASHINGTON DC 20372-5300

IN REPLY REFER TO

6200  
Ser M3/5/10UM358142  
1 Oct 10

MEMORANDUM FOR COMMANDER, NAVY MEDICINE EAST  
COMMANDER, NAVY MEDICINE WEST  
COMMANDER, NAVY MEDICINE NATIONAL CAPITAL AREA  
COMMANDER, NAVY MEDICINE SUPPORT COMMAND

Subj: ELECTRONIC CIGARETTES

1. This memorandum provides guidance to all Navy Medicine personnel regarding the safety concerns of electronic nicotine delivery devices (electronic cigarettes). Electronic nicotine delivery devices are not currently endorsed for evidence-based tobacco cessation guidance or treatment by the U.S. Public Health Service, Department of Defense, or Department of Veterans Affairs Tobacco Cessation Clinical Practice Guidelines. Navy Medicine does not condone or support the use of these non-Federal Drug Administration (FDA) approved nicotine delivery devices.
2. Navy Medicine does fully endorse those medications and therapies that are approved by the FDA for evidence-based tobacco cessation, to include nicotine gum, skin patches, lozenges, oral inhaled products, and nasal sprays. These products are available to aid in a successful tobacco cessation program.
3. For questions regarding the use of electronic nicotine delivery devices, the point of contact is Captain Larry Williams, Navy and Marine Corps Public Health Center, at (757) 953-0994 or e-mail [Larry.Williams@med.navy.mil](mailto:Larry.Williams@med.navy.mil).

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